



**Together  
We  
Care**

# Housman Court

Monthly Newsletter  
February 2020

## Dear Residents, Relatives and Friends

Welcome to our latest newsletter, which we hope you enjoy. We would welcome resident, relative, team members and friend's involvement and input into the monthly newsletter. Any stories you would like to share, quizzes, crosswords or poetry would be welcome. This is your Newsletter!

## Amica Care Trust

Please follow the link below to view the website <https://www.amicacare.co.uk/>

## Exciting News;

We are Excited to announce that Sian gave birth to a beautiful baby girl Danni on the 15<sup>th</sup> January, both mother and baby are doing well and we will look forward to meeting her soon.

## Goodbyes;

Amie H is leaving us on the 27<sup>th</sup> February, we wish her well in her new job.

## Welcome;

We are pleased to Welcome Richard back as kitchen assistant, we hope you are happy in your role.

We also welcome Tracey who has joined our Kitchen team as the second cook to support the days when Angela is off, we welcome you and hope you are happy in your role.

## Fundraising

We are arranging a quiz night for all who wish to attend, to help raise money for Housman Court and St Johns this will be at Catshill Workingmans club on Friday 21<sup>st</sup> February 7pm. Tickets are on sale at £5.00 each person. £100 prize money!! Teams of 2 to 6 people to include an organized quiz, card games and more. Please speak to Heather, Helen or Lisa for more information or to purchase tickets.

### Tiny Table

In the new year we are going to try and fundraise to purchase a Tiny Table, A Tiny Table is a large interactive Tablet that is attached to a table that you can move around the home, and when we had one in to show the resident's and they had a go on one they appeared to get a lot of enjoyment from it, these cost around £8,000 so any ideas or help to raise any funds would be greatly appreciated as we feel that the resident's at Housman court would benefit from one of these.

### Residents' & Team Members Birthdays

All residents' birthdays are celebrated with a card and a gift from all the staff here at Housman Court. Families are welcome to stay for lunch or have a room made available for family to hold a get together. The kitchen also prepares a birthday cake for each resident.

### Resident Birthdays in December

Betty 29<sup>th</sup> February

### Team Birthdays in December

Sarah 13<sup>th</sup> February

### Planned events for the coming month

(please see our notice board for the most up-to-date activities taking place within the home).

### Regular Planned Events

- First Monday of the Month Bowling at Rubery – always very popular
- Last Monday in the month Church service with Minister Jackey Hartrey (in house)
- Methodist church every Sunday
- Bingo every Friday afternoon in the Community Centre 2-3pm £3.00.
- Hairdresser in the community center every Friday.
- Coffee morning last Thursday of every month – all are welcome for a coffee and catch up, not to mention the cake

## Planned Events for February

- Monday 3<sup>rd</sup> February Bowling
- Choir practice 4-5pm in the community centre.
- Cuppa and Cake meeting 2pm.
- Wednesday Trip to the Butterfly Farm.
- Friday 14<sup>th</sup> February you are welcome to join your loved ones for lunch.
- Monday 24<sup>th</sup> February in house church service, conducted by minister Jackey Hartrey.

**Please see photos at the back of the Newsletter for all the fun things the residents got up to in December**

## WE NEED YOUR HELP!!

Mick has been making a work board for our ladies and gents who like to be active with their hands enjoy making things and taking things apart.

Mick has made the frame and we are now filling it with items which can be done up, taken off, unscrewed, plugged in etc.

Mick has come up with some suggestions of things to add, listed below. If you can help with any items then please drop them into us here to add to the board.

Zip, Plastic Pipes through board and back into ball holder, Light Switches, Door security Slide Bolt, Bolt, Plastic Buckle (Wheelchair Strap), Door Handle, Trapdoor with Prize chocolate (three different bolts), Lock with three keys on string, Material, Velcro Straps, Door knocker, Lights, Buzzer, Abacus, Padlock, Door Stop Spring, Plug & Socket, Hinges, Maze puzzle, Wheel(s), Toilet Roll Holder, Coach Bolt and Nuts, Telephone with dial, Mirror, Magnifying Glass, Egg Timer, Chains, Compass, Wooden knobs, Horn – Rubber Squeeze

This list is not exhaustive and any ideas and suggestions to add onto the board would be appreciated.

## Inter-house Competitions

Each year the Trust hold competitions within the homes where we compete against each other to win prizes.

As you are aware, we had the Christmas cake, Christmas Decoration, and the Choir Competitions. Unfortunately Housman didn't win the Decoration, cake or Choir competitions, but we all had a lovely time participating and

As with all our competitions it is about resident, relative, community and team involvement. Thank you to all who helped!  
St John's Nursing Home won the Christmas cake competition.

### Employee of the Month

We had a good response to employee of the month with several nominations. The winner of Employee of the Month for December 2019 was Louise Campbell



Thank you for making a difference.

We welcome all Residents, staff and visitors to nominate staff for Employee of the Month when they observe their good practice within the home. We have a letterbox and nomination slips in the main corridor which we have decorated pink and yellow

## Update on developments within the home

- We held Resident and Relative meetings on Friday 27<sup>th</sup> September at 11am and Monday 1<sup>st</sup> October at 6.30pm that all were invited to attend.
- We currently have no lift as you all may be aware, this is going to be replaced but will take some time for a new lift to be built, we thank you all for your patience and apologise for any inconvenience caused. If you are struggling with using the stairs, please do not hesitate to use the chair lifts.
- Paul has started to paint the hallway downstairs and I hope you agree this is already starting to look great.
- Decorating plan – we still continue to decorate bedrooms and we are slowly making our way around. There have also been some changes to the reception area which now looks more inviting. We plan to move into the dining room and complete the first-floor corridor in the near future.
- We are adapting the dining room so that we can have a space where the residents can (if they choose to) do more meaningful activities. This will involve a work surface and a sink area.

We still wish to develop the garden and front of the home. At the recent residents and relatives meeting a relative suggested that it may be nice for relatives and friends who struggle with things to buy individuals, that they may like to 'sponsor' a plant for the garden which will also help to keep the garden well stocked and looking nice. Anyone who may wish to do this please speak to a member of the team and your loved ones can see them grow and help to nurture them.

- Staff room – the team have been taking breaks in the dining room as you will have seen as they did not have a dedicated staff room, this is now being changed. As the hairdressers has moved to the community centre we are adapting the hairdressers into a staff room. (this has been postponed due to the lift being out of action) A staff room has been made temporarily on 3<sup>rd</sup> floor whilst the lift is out of action.

## Keeping in contact & keeping you up to date

As you are aware most people now are set up to communicate electronically such as e-mail, it would be lovely for us to be able to update you and keep you in the loop more frequently. The Activity team now have their own e-mail address and they can send items to you including this newsletter. We would be grateful, if you would like items shared with you, for you to contact the activity team to provide them with your e-mail address via [Activities.HC@amicacare.co.uk](mailto:Activities.HC@amicacare.co.uk) or Lisa at [lisa.dews@amicacare.co.uk](mailto:lisa.dews@amicacare.co.uk)

## Upcoming Residents and Relatives meetings

We will meet every three months as a group but you are able to speak to Faye or Lisa if you have any ideas or suggestions you would like to raise in between these meetings and also during reviews.

Our e-mails are: [lisa.dews@amicacare.co.uk](mailto:lisa.dews@amicacare.co.uk)

- The next resident and relatives meeting will be held on Tuesday 18<sup>th</sup> February at 3pm.

Meetings are subject to change, changes will be notified via the newsletter.  
Please join us to share ideas and suggestions and discuss future plans

## 'Cuppa and Cake' meetings with the homes cook

We would like to welcome residents, friends and families to join Angie for our 'Cuppa and Cake' meetings.

These have been scheduled and will commence in the next couple of months and will be held every three months. These are an opportunity for everyone to come along to talk about the menu's and try out new foods during the taster sessions. Or simply just enjoy a cuppa and cake made by the cook.

These will be held on:

- Tuesday 11<sup>th</sup> February – 2pm.

### **Compliments and Complaints:**

Please if you have any compliments or complaints/suggestions, do let us know as we like to share this information with the team and we strive to make improvements that will benefit the residents, relatives and loved ones of Housman Court.

### **Carehomes.co.uk**

Also we would appreciate you sharing your experiences on the carehomes.co.uk site by logging on to [www.carehomes.co.uk](http://www.carehomes.co.uk), searching for Housman Court and leaving a review. This allows others who are looking for a suitable home to read real experiences of those already involved with Housman Court. There will also be cards available in reception for you to complete if you prefer.

### **Photo Consent:**

Following the rebrand, we will be sending out the Photo consent forms to update. Please can we ask that you complete and return them to us for our records.

We have had some lovely trips and entertainment over the last month which have brought a lot of fun and happiness for those who have taken part.



We had the pleasure of meeting Baby Danni, as you can see Jean was besotted by her.



Fun at Bowling, as you can see we all have great fun!!!!







We all had a lovely time at our monthly coffee morning, please feel free to join us on the last Thursday of every month.





We had our first in house Church service at the end of January, these are now back up and running. All are welcome to attend, next service will be the 24<sup>th</sup> February at 11am, then monthly on the last Monday of the month.





Both Heather and Helen have Completed an Exercise Leadership Course with Oomph, as you can see we all have great fun at our Exercise sessions.



Thank you for reading our newsletter and please do send us poems, short stories, new ideas and suggestions to us to include.